

# THE McKinney Family

Macedonia  
WORLD BAPTIST  
MISSIONS, Inc.



MISSIONARIES TO MONTANA

Levi, Kenzie, Sis. Jennifer, Bro. John, Hannah, Lydia, and Haley

## 2026 — 1st Quarter Prayer Letter

**Greetings in the name of our lovely Lord and Saviour, Jesus Christ!**

*“And the apostles gathered themselves together unto Jesus, and told him all things, both what they had done, and what they had taught. (31) And he said unto them, **Come ye yourselves apart into a desert place, and rest a while:** for there were many coming and going, and they had no leisure so much as to eat. (32) And they departed into a desert place by ship privately.”*  
Mark 6:30-32

What a wonderful Saviour we serve... a Saviour that according to Psalms 103:14 *“...knoweth our frame...”* and *“...remembereth that we are dust.”* And as such, a Saviour that recognized and exhorted His hand picked disciples to find a place and time to rest. We all need a rest from time to time and if we are not careful, we fail to take the time which leads to burnout, which is never beneficial to anyone!

As with everything else, there needs to be a balance and the issue of rest is no exception! Consider two dangers in the importance of rest...

- 1.) Excessive Work - No man can work without rest and no man can live an effective Christian life unless he finds some time alone with God. We will not be able to feed others spiritually if we never take time to be fed spiritually!
- 2.) Extended Withdrawal - Time alone to come apart is important however, we cannot live in isolation at the same time. Someone once noted: *“The rhythm of the Christian life is the alternate meeting with God in the secret place and serving men in the market place.”*

I will be the first to admit that personally I had gotten to point of running on the very last fumes left in the tank, but thank God the doors of opportunity opened recently to take a short trip to visit family. Two of our girls have not been back to Tennessee in 11 years, so it was way past time to say the least.

Thank you all for your continued prayers for us. You will never know who you helped keep going on the very last fumes until reaching the spiritual fueling station. **You will never know who you helped to stay on the field!**

**With the Love of Christ ~ Bro. John McKinney and Family**



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